



## **Anise Hyssop**

*Agastache foeniculum*

Perennial

Full to Part Sun

Height: 2-4'    Spread: 1.5-3'

Tolerates drought once established

Purple-lavender upright flowers in summer

Fragrant, licorice-like scent

**May be deer resistant**

**Attracts butterflies, hummingbirds and other pollinators**

**Long-lasting seed heads feed birds fall and winter**



## **Starflower/Blue Star**

*Amsonia tabernaemontana*

Perennial

Full Sun to Light Shade

Height and Spread: 2-3'

Average to medium moist, well-drained soil

Drought tolerant once established

Light blue, star-like 1/2"-3/4" flowers bloom May-June

Deep green, willow-shaped leaves turn tawny yellow-brown in fall

Cut back by one-third after flowering to preserve shape

**Nectar source for hummingbirds and many pollinators**

**May be deer resistant**



## **Little Lanterns Red Columbine**

*Aquilegia canadensis* 'Little Lanterns'

Perennial

Sun, Part Shade

Height and Spread: 8"-12"

A dwarf form of the species

Average, medium to dry, well-drained soil

Nodding red and yellow trumpet-shaped flowers  
Repeat blooming begins late spring, lasts into summer

**Early source of nectar for hummingbirds**

**Attracts butterflies and other pollinators**

**Rabbit resistant**

**May be deer resistant**





## **Goatsbeard**

*Aruncus dioicus*

Perennial

Sun, Part Shade

Height: 4'-6' Spread: 2-4'

Clump forming

Average, moist, well-drained, humusy soil

1' long, feathery, plume-like spikes,  
holding branched clusters of cream-colored flowers,  
appear in late spring/early summer

**Attracts butterflies and other pollinators**

**May be deer and rabbit resistant**



## Swamp Milkweed

*Asclepias incarnata*

Perennial

Sun or Part Shade

Height: 3-4'

Damp to moderately moist soil

Blooms late summer with pink flowers

Perfect for rain gardens, riparian buffers

Can handle ordinary garden conditions

**Monarch caterpillars' favorite food**



## **Butterfly Weed**

*Asclepias tuberosa*

Perennial

Full Sun

Height: 1-3'

Average to dry, well-drained soil  
Tolerates drought once established

Eye catching, bright orange flower clusters  
Blooms in summer

**Host plant for Monarch caterpillar**  
**Nectar feeds Monarchs and other butterflies**  
**Also attracts other pollinators**





## **Bluebird Smooth Aster**

*Aster/Symphotrichum laevis* 'Bluebird'

Perennial

Best in Full Sun

Height: 30-36" Spread: 24-30"

Dense, rounded form

Soil: Average, dry to medium, well-drained

Violet-blue, daisy-like flowers on tall stalks  
Bud in August, bloom profusely through October  
Long, narrow, medium green foliage

**Late season nectar for butterflies and songbirds**  
**May be deer resistant**



## **New England Aster**

*Aster/Symphyotrichum novae-angliae*

Perennial

Full Sun

Height: 3-7' Spread: 2-3'

Prefers moist soil, but will adapt  
(Found naturally in moist, open fields)

1" rose-purple flowers with orange-yellow centers  
appear in clusters at the tips of densely-leaved stems

Blooms from August to late October

**Attracts butterflies and other pollinators**

**Late season nectar source**

**May be deer resistant**





## **October Skies Aster**

*Aster/Symphotrichum oblongifolium* 'October Skies'

Perennial

(This species native from New York, to North Carolina,  
west to Montana, not to CT)

Best in Full Sun, tolerates ½ day sun

Height and Spread: 1.5-2'

Dry to medium moisture

Drought resistant once established

Sky blue daisies with deep yellow centers bloom in late summer  
to fall above low mounding compact blue green foliage

**Attracts butterflies**  
**May be deer resistant**



## **False Blue Indigo**

*Baptisia australis*

Perennial

Full Sun

Height and Spread: 3-4'

Soil: Loamy, sandy

Moisture: Average, moist, well-drained soils

Violet-Blue, 1" long, hooded, pea-like flowers

Blooms in June, followed by 2-2½" long inflated black seedpods  
that remain until plant dies back in fall

**Attracts butterflies and other pollinators**

**May be deer resistant**



## **White Turtlehead**

*Chelone glabra*

Perennial

Full sun

Height: 1-3' Spread: 1.5-2'

Moist, peaty, wet soil

Showy white flowers often with pink tinge

Blooms late summer through fall

Dark green, toothed leaves

**Attracts butterflies and other pollinators**





## **Hot Lips Pink Turtle-head**

*Chelone lyonii* 'Hot Lips'

Perennial

Part Sun to Part Shade

Height: 2-3' Spread: 2'

Average to moist well-drained loamy soils

Dense terminal spikes of 1" long rose-pink flowers that are shaped like turtle-heads

Blooms late summer to early fall

Attractive seed heads may be left for winter interest

**Attracts butterflies and other pollinators**



## **Hardy Ageratum, Blue Mistflower**

*Conoclinium* (formerly *Eupatorium*) *coelestinum*

Perennial

Sun to Part Shade

Height: 1- 3' Spread: 2'

Moist soil

Disc-like blue or violet flowers about 1/4" long

July – November bloom

Triangular paired leaves

Lovely border plant or colonizing ground cover.

**Attracts bees and birds, magnet for late season butterflies  
Special value to native bees**



## Zagreb Tickseed / Threadleaf Coreopsis

*Coreopsis verticillata* 'Zagreb'

Perennial

Full Sun

Height and Spread: 1-1.5'

Sandy, loamy, dry, average well-drained soils  
Once established, tolerant of heat, humidity, drought

Yellow, daisy-like, single, 2" diameter flowers  
Blooms late June to late August

**Attracts birds, butterflies and other pollinators**  
**May be deer resistant**





## **Purple Coneflower**

*Echinacea purpurea*

Perennial

Full Sun or Part Shade

Height: 2-3' Spread 18-24"

Soil: Average, dry to moist well-drained

Purple flowers with large orange-gold spiky centers

Blooms in July and August

Long blooming and colorful cut flower

**Attracts finches, butterflies and other pollinators**

**Heat and drought tolerant once established**

**May be deer resistant**



## **Lynnhaven Carpet Fleabane**

*Erigeron pulchellus* 'Lynnhaven Carpet'

Perennial

(This species native to mid-east U.S., not CT)

Best in Part Sun to Part Shade

Tolerates dry conditions when shaded

Height: 12-15" Spread: 10-12"

Will spread as groundcover

Showy, light lavender flowers with yellow inner eye rise above grey-green foliage that forms a ground cover less than 6"

Blooms in early May

**Nectar attracts butterflies, skippers**

**May be deer resistant**



## **Baby Joe Pye Weed**

*Eutrochium* (formerly *Eupatorium*) *dubium* 'Baby Joe'

Perennial

Full Sun to Part Shade

Height: 2-3'    Spread: 1-2'  
Compact form

Prefers moist, humusy soils, tolerates clay, sand

Large, fragrant, somewhat grayed magenta-pink flower heads

Blooms top strong upright stems with purple spots

Flowering begins mid-summer and continues into September

**Attracts birds, butterflies, other pollinators**

**May be deer resistant**





## **Espresso Spotted Cranesbill/Wild Geranium**

*Geranium maculatum* 'Espresso'

Perennial

Part Sun to Part Shade

Height: 1-2' Spread: 12-18"

Sandy or loamy soil

Moist, humusy, well-drained

Pink to lavender upward-facing flowers

Blooms late spring into early summer

Large, chocolate, deep-cut leaves a salient feature

**Attracts butterflies, nectar source for native insects**

**May be deer, rabbit resistant**



## **Common Sneezeweed**

*Helenium autumnale*

Perennial

Full Sun

Height: 3-5' Spread: 2-3'

Prefers rich, moist soils

Tolerates clay, suitable for rain gardens

Showy yellow flowers with dull yellow centers in clusters

Blooms August to October

Cut stems back in early June to encourage  
strong branching and more flowers

**Attracts butterflies**  
**May be deer resistant**



## **Burning Hearts/Oxeye False Sunflower**

*Heliopsis helianthoides* 'Burning Hearts'

Perennial

Full Sun

Height: 3-4' Spread: 1-1.5'

Well-drained, even dry, soils

Golden-yellow, 2-3" diameter, daisy-like flowers with red centers,  
atop very dark, purplish-black stems

Blooms July through September

**Nectar attracts butterflies and other pollinators**

**Seeds feed birds**

**May be deer resistant**





## **Green Spice Coral Bells**

*Heuchera americana* 'Green Spice'

Perennial

Part Shade

Height: 9-16" (When in bloom 24-28")

Rich, well-drained soil, medium moisture

Silvery, gray-edged leaves with purple veins (in cool weather)

Conspicuous, but not particularly showy, whitish flowers

Good groundcover, edging plant

**Provides cover for small birds**

**May be deer resistant**



## **Blue Flag Iris**

*Iris versicolor*

Perennial

Full Sun to Part Shade

Height and Spread: 2-2.5'

Likes moist soil, will grow even in standing water

Clump-forming, arching blue-green leaves  
Each stalk holds 3-5 bluish-purple flowers, each 3.5"

Sepals have a white zone with central yellow area

Blooms May to June

**May be deer resistant**



## **Blazing Star**

*Liatris spicata*

Perennial

Full Sun

Height: 3-4'    Spread: 2'

Well drained soil, tolerant to drought

Thistle-like blossoms of purple, violet or white in July - August

Deadheading encourages rebloom in September

Linear grass-like leaves

**Attracts birds, hummingbirds and butterflies**

**Special value to native bees**





## **Cardinal Flower**

*Lobelia cardinalis*

Perennial

Sun to Part Shade

Height: 2-4' Spread: 1-2'

Average to wet, peaty, moist, rich soil

Beautiful delicate red, tubular flowers

Blooms July to September

**Hummingbird magnet**

**Attracts butterflies and other pollinators**

**May be deer and rabbit resistant**





## **Great Blue Lobelia**

*Lobelia siphilitica*

Perennial

Sun to Part Shade

Height: 2-3' Spread: 1-1.5'

Average to moist, rich soil

Tubular light to dark-blue flower stalks on stiff stems

Blooms late summer

Readily self-sows

**Attracts hummingbirds**

**Attracts bees and other pollinators**

**May be deer resistant**



## **Virginia Bluebells**

*Mertensia virginica*

Perennial, Ephemeral

Part to Full Shade

Height: 18-24"

Erect and clump-forming

Moist, rich soil, well-drained

Foliage emerges purplish in March, quickly turns blue-green  
Clusters of tight 1" pink flower buds appear on stalks,  
turning into sky blue trumpet-shaped flowers  
with some pink-purple tints in late April/May  
Foliage dies to ground by mid-summer as plant goes dormant

**Attracts bees, butterflies and moths**  
**Excellent source of early season nectar**



## **Jacob Cline Bee Balm**

*Monarda didyma* 'Jacob Cline'

Perennial

Full Sun to Part Sun

Height and Spread: 3-4'

Clay, loamy soil, average moisture, well-drained

Deep scarlet, 3" long tubular flowers  
held in whorls above aromatic foliage

Blooms July into September

**Attracts hummingbirds, butterflies and other pollinators**

**Mildew resistant**

**May be deer resistant**



## **Wild Bergamot**

*Monarda fistulosa*

Perennial

Full Sun to Part Shade

Height: 2-4' Spread: 2-3'

Suitable for soils ranging from sand to clay  
Prefers drier conditions, not flood tolerant

Showy clusters of light purple, lavender, pink or white flowers

Aromatic grayish-green foliage

Blooms mid-summer for about one month

**Attracts bees, butterflies, hummingbirds,  
hummingbird moths, and other pollinators**

**May be deer resistant**





## **Golden Groundsel/Ragwort**

*Packera aurea*

Evergreen Perennial

Best in shade, adaptable to sun

Height: 12-24" in bloom, 3-5" foliage

Spread: 12-18"

Loves wet soil, stream banks, rain gardens

Flat-topped, tubular disk flowers in the center  
surrounded by yellow to orange rays

Blooms in April-May

Deep green foliage can serve as a groundcover

**Attracts many spring pollinators**

**Rabbit resistant**

**May be deer resistant**



## **Beardtongue**

*Penstemon digitalis*

Perennial

Full Sun

Height: 3-5'    Spread: 1.5-2'

Clump-forming

Rich, moist to dry, well-drained soils

Tolerates clay if not overly wet

Drought tolerant once established

White tubular flowers (pink tints) on rigid upright stems

Long-blooming, mid-spring into early summer

**Attracts birds, butterflies, hummingbirds and other pollinators**

**May be deer resistant**



## **Dark Towers Beardtongue**

*Penstemon* x 'Dark Towers'

Perennial

Full Sun

Height: 1.5-3'    Spread: 1-2'  
Clump-forming

Average to medium-dry soil, must be well-drained  
Drought tolerant once established

Reddish-purple foliage and stems give this variety its name  
Tubular 1.5" pink flowers bloom in late spring to early summer

**Attracts hummingbirds, butterflies**  
**May be deer resistant**





## **Blue Moon Woodland Phlox**

*Phlox divaricata* 'Blue Moon'

Semi-Evergreen Low Perennial

Sometimes used as a groundcover, best in mass plantings

Full to Filtered Shade

Height: 12-18" when in bloom

Prefers rich, moist, but well-drained, soil

A profusion of blue-violet flowers bloom April to May

Early pointed leaves disappear after flowering

Rounded, dark-green foliage persists through summer,  
turning burgundy in winter

**Nectar attracts hummingbirds and butterflies**





## **Jeana Garden Phlox**

*Phlox paniculata* 'Jeana'

Perennial

Full to Part Sun

Height: 2-4' Spread: 1-3'

Rich, loamy, well drained soil

Average to moist

Excellent mildew resistance, drought tolerant

Showy lavender-pink, fragrant flowers

Blooms midsummer to early autumn

**Attracts hummingbirds, butterflies and other pollinators**



## **Candy Stripe Moss Phlox**

*Phlox subulata* 'Candy Stripe'

Semi-Evergreen Perennial Groundcover

Full Sun to Part Sun

Height: 3-6" Spread: 18-20"

Best in average, sandy or rocky soil with  
medium moisture, well-drained

Thick, mat-forming foliage  
White flower petals bisected with broad pink stripes  
Blooms late April through May

**Attracts butterflies and other pollinators**  
**May be deer resistant**



## **Eye Candy Moss Phlox**

*Phlox subulata* 'Eye Candy'

Perennial, Evergreen to Semi-Evergreen

Sun or Part Shade

Average to sandy, xeriscape, well-drained soils

Height: 4-6" Spread: 18-20"

Lavender-pink flowers with deep purple eyes  
appear in early spring

Flowers cover a mounding mat of needle-like leaves

**Attracts butterflies**  
**May be deer resistant**



## **Purple Beauty Moss Phlox**

*Phlox subulata* 'Purple Beauty'

Semi-Evergreen Perennial Groundcover

Full Sun

Height: 3-6" Spread: 12"

Creeping mounding form (may crowd out weeds)

Dry soil, normal or sandy, well-draining

Abundant star-like flowers appear in late April/May  
Lilac flower rays with flower centers of deep purple

**May be deer resistant**





## **Snowflake Moss Phlox**

*Phlox subulata* 'Snowflake'

Evergreen Perennial Groundcover

Full or Partial Sun

Height: 3-6" Spread: 2-3'

Creeping form

Moist, well-drained soil, normal or sandy

Masses of star-like white flowers appear April into May

**Attracts butterflies**  
**May be deer resistant**



## **Miss Manners Obedient Plant**

*Physostegia virginiana* 'Miss Manners'

Perennial

Full Sun

Height and Spread: 2'-2 ½'

(A more compact variety than the pink species)

Loamy, sandy, clay soils

Average to moist, well-drained

Drought tolerant once established

White, 1" long, lipped, tubular flowers on a showy terminal spike

Blooms July to September

**Attracts hummingbirds, butterflies and other pollinators**

**May be deer resistant**



## **Jacob's Ladder**

*Polemonium reptans*

Perennial

Part Shade to Full Shade

Height and Spread: 12-18"

Loamy soil, average moist, well-drained

Drought tolerant once established

Bell-shaped blue flowers

Blooms in late May to early June, good groundcover

**Attracts butterflies and other pollinators**

**May be deer resistant**



## Short-tooth Mountain Mint

*Pycnanthemum muticum*

Perennial

Full Sun to part shade

Height and Spread: 1'-3'

Fertile, moist to medium, well-drained soil

Pale pink small flowers in tight clusters

Blooms July to September

Silvery bracts under flowers give the plant a two-toned appearance in summer

Dense dark green leaves up to 2 ¼", strong mint fragrance

**Long-lasting blooms highly attractive to bees and butterflies**  
**May be deer resistant**





## **Fulgida Black-Eyed Susan**

*Rudbeckia fulgida* var. *fulgida*

Perennial

Full Sun

Height: 24-30" Spread: 12-24"

Average to dry, well-drained soil; adapts to clay, gravel  
Drought resistant once established

2" flowers with golden yellow rays around dark brown cones  
Dense branching stems with narrow, shiny green foliage  
Long blooming from mid-summer to mid-autumn  
Blooms later than other *Rudbeckias*, often with more flowers

**Nectar and pollen attract birds, butterflies, other pollinators**  
**Juncos and finches feed on the seed heads in fall**  
**May be deer resistant**



## **Purple Knockout Sage**

*Salvia lyrata* 'Purple Knockout'

Perennial

Full Sun

Height: 18-24" Spread: 12-15"

Average to moist soil

Spike of light purple flowers in late spring to early summer

Deep burgundy shiny leaves form compact mounds

**Provides nectar for butterflies and other pollinators**

**Songbirds feed on seed heads**



## **Bluestem Goldenrod**

*Solidago caesia*

Perennial

Full Sun to Part Shade

Height and Spread: 18-36" (a shorter goldenrod)

Well drained, dry to medium soil

Sandy loam, tolerates clay, drought (once established)

Purplish-blue slender arching stems of dark green leaves

Showy clusters of tiny yellow flowers along the stems

Blooms late summer to fall (August to October)

**Attracts butterflies and other pollinators**

**May be deer resistant**



## **Fireworks Rough Goldenrod**

*Solidago rugosa* 'Fireworks'

Perennial

Full Sun to Part Shade

Height and Spread: 2.5-4'

Slightly acidic, medium to wet, well-drained soils

Showy yellow flower panicles on erect stems

Blooms late summer through early fall

Medium to dark green leaves

**Important late season feeder for butterflies and bees**  
**May be deer resistant**





## **Foam Flower**

*Tiarella cordifolia*

Perennial

Part Shade to Full Shade

Height: 10-12" Spread: 1-2'

Loamy, organic-rich, acidic soil, average moisture, well-drained

Small, star-shaped, fluffy, creamy-white flowers  
in "bottlebrush spikes" rise well above clump-forming foliage  
Lightly fragrant, blooms late April to June

**Attracts butterflies and other pollinators**

**May be deer resistant**



## **Running Tapestry Foam Flower**

*Tiarella cordifolia* 'Running Tapestry'

Perennial

Full to part shade

Height: 12-15" Spread: 12-18"

Excellent groundcover, spreads quickly

Moist, rich, organic, well-drained soils

White fluffy flower spikes appear in late spring

Red-veined green foliage provides texture and color

Adds burgundy tinge after first frost for fall-winter interest

**Attracts spring pollinators**

**Astringent foliage usually deters rabbits**

**May be deer resistant**



## **New York Ironweed**

*Vernonia noveboracensis*

Perennial

Full Sun

Height: 4-8' Spread: 3-4'  
Clump-forming

Humus-rich, moist soil

Small purple flowers bloom late summer  
Flowers form in large clusters atop erect branching stems

**Attracts butterflies and other pollinators**  
**May be deer resistant**



## **Culver's Root/Bowman's Root**

*Veronicastrum virginicum*

Perennial

Best in Full Sun (for strong stems)

Height: 2-6' Spread: 2-4'

Medium to wet, well-drained soil

Showy spikes of densely-clustered, tiny white flowers

Tiny orange stamens protrude

Candelabra-like effect with several spikes on each stem

Blooms mid to late summer

Narrow, dark-green leaves in whorls along stems

**Attracts many pollinators**

**May be deer resistant**